

# LEVEL 3/4 8-COUNT SHEET

SECTION	COUNTS	1.00	2.00	3.00	4.00	5.00	6.00	7.00	8.00
	1							Music	Starts
<b>Stunt</b>	2			Chin		Jump In		Sponge	
	3	Dip		Show Go		Teddy		Grip	
	4	Dip		Full Up		High V		Hold	
	5	Dip		Ball	Split	Cradle		Flatback	
	6	Dip		Show Go		Tap		Switch Up	Hit
	7	Hold		Dip		Tic Stretch		High V	
	8	Dip		Ball Prone		Catch		Out	Clean
<b>Transition</b>	10	Move		Motions		Leg	Over	Pose	
<b>Jumps</b>	11	Clap Up	Swing	Toe	Swing	Toe			
	12	Candle Stick		Tuck		Pose		Motion	Motion
	13	Clean		Step	Lib	Move		Clap	Up
	14	Swing	Hit	BHS				Slap	Clap
<b>Dance</b>	15			Shake	Shake	Leg	Leg	Knee	Down
	16	Point	Hit	Roll		Snap	Around	Hair	
	17	Drag		Move		Down	Down	Down	Snap
	18	Slide	Clap	Snap	Cover	Hit	Hit	Hit	Pose
<b>Transition</b>	19	Clean	Move			Step	Up	Roll	
<b>Running Tumbling</b>	20	Dip		Full Up		Slide		GO	
	21					GO			
	22							Clean	
<b>Transition</b>	23	Move				Clap		Set	
<b>Pyramid</b>	24	Jump In		Sponge		Show & Go		Full Around	
	25	Grab/Dip		Toss Tuck		Flatback		Grab Dip	
	26	Flip		Dip		Extend Lib		Dip	
	27	Paper Doll				Dip		Flip	
	28	Catch		Out		Set		Dip	
	29	Switch	Hit			Lib Dip		Up	
	30	Structure							

**Notes:**